

It's About Facing Reality and Dealing with IT

By Patricia Lefave, Reality Transformer

First let me place my estian style disclaimer here:

*Of course, I'm just crazy so, Don't believe **anything** I say.*

Inside the est training,¹ est **itself** has no context. So that makes everything said essentially meaningless and dependent upon the "inputs" individuals attach to the concepts to try to make sense of what they hear.

Since no one is actually **TOLD** to think or to do **anything**, that **means** they are making their **own** choices about what it means to **THEM**. They have made their choices to be there, to connect it to their own lives, understanding and actions and to accept responsibility for It. The master of the estian shift, operating "over their heads" washes his hands of all the effects of It.

Just outside the door of the training, the context of est appears as the est training program itself, with the power, domination, control, empire building and money making potential, which comes from recreating It, over and over again, in it's ongoing nature² for the "benefit" of those who believe that real "enlightenment"³ is something you can get in three weekends, that someone else, an authoritarian leader, works out **FOR** you, and which you can just pay for with your credit card. "Quick and easy" as Fenwick Notes in **Getting It**.

You see you **chose** to take the training and you **also** chose to stay there, even though you were offered the "opportunity" to leave and get your money back, **several** times during the course of it. "Change Causes Persistence", as they say **inside** the training.

So you can be enlightened about how you "choose" to be victims, OR you can be enlightened about how to choose power, control and domination of others using a hidden agenda. EITHER way, you see, Werner/Jack "wins" the "game." Plus, there is no CONCRETE evidence that he INTENDED to do anything at all. Why, he even **says** inside the training, that the participants should feel free to **use** the training in **any** way that "seems useful to you." So you can choose to be enlightened about how you've been dominated OR you can choose to dominate others by "recreating" It. Or the third thing in estian terms is you can **accept** that life is meaningless and nothing matters **anyway** and that opens you up to **limitless** "possibilities," doesn't it? See **that** one is **neither** a moral choice, nor an immoral choice. It's the amoral choice. It's **beyond** those opposites; the "transcendence" of all judgement and discernment between right or wrong. Are you **getting** that? I really **want** you to get that.

Now get **this**. There is a **fourth** choice.

You can see the true meaning of It, of est **itself**, and you can **explain** IT away, in a manner which causes IT to Disappear, much like a collapsing Star might do It.

It's about a demonstration of how frighteningly **easy** it is to control and to dominate

1 Now known as Landmark Forum or Landmark Education

2 Infinite loop

3 Now called "education"

perfectly **normal** people, especially in groups, in which **reality** is defined **by** group consensus. It is about the power to manipulate the **majority** into attacking someone, or some other, preferably smaller, group, by getting them to **accept** and believe, the "reality" that is **being** defined **FOR** them, generated by switching the positions of aggressor and victim, right from the **starting** point.

It's about hate... Sheridan Fenwick, in **Getting It: the Psychology of est**

It's about demonstrating for you that what most normal, average people will then "**DO about it,**" is **deny** the whole thing ever **happened** and **continue** to blame their victim for "claiming" that it did. ⁴

It's about identifying with the aggressor because it **FEELS** better and safer than identifying with the victim.

It's about the Holocaust, the Killing Fields, the "euthanizing" of the labelled people in Nazi Germany as "defectives", the Ethnic "Cleansing", the Mobbings, the Lynchings, and the Witch Hunts.

It's about hating your **victims** for making you **aware** of It.

It's about psychopaths who **ENJOY**, from within their twisted mindset of infantile, narcissistic omnipotence, **watching** the power struggles between aggressors and victims, while getting a fantastic, **POWER rush** for **themselves** out of doing It.

It's about blaming the victims for "choosing" to be victims, even if they were offered the "choice" of being totally controlling aggressors **instead**.

It's about doing that so that you don't have to blame **yourselves** for your "participation" in it, for supporting and enabling It, and for choosing to "side" with the aggressors who are operating with hidden agendas of domination; especially if they are members of your **particular** group.

Don't give the est-ee too **MUCH** credit though as he is just a well trained stimulus-response machine- "*a soldier for est*" **Sheridan Fenwick**.

It's about failing to see the reality that is "right in front of you" (est training concept) and about "knowing" (Gnosticism) that reality is not something you can change, or can just deny that exists, by saying stupid things like, "*there is no reality; only perception.*" For Reality "*is **substantial** and will knock you on your ass.*"

(**another** est quote)

One of the things that you don't understand and which I **DO**, is that the est-ee and all of his followers, are going to "get" a whole **new** "understanding" which is **reality** based and not just my "fabrication."

You see, the people "we" deal with from "our" point of view, are very often vague, ambiguous, and confusing **BECAUSE** they are operating with hidden agendas of domination and not because they are "superior" or smarter, or saner, or more worthy of life than us "defectives." We don't need to be talked **down** to because we are so "easily" confused. "Confusion" may be a "symptom" of something, but it is, as often as not, a symptom of a sick society, and not a "disease process," all neatly contained **within** the body of an identified, defective individual. I can of course **see** how the sick society would feel very relieved by **that** idea.

⁴ For "really" there was no Holocaust either....

Often the problem is a defective "interpretation" of reality that is **never** seen and never **dealt** with, at **ALL**. For after all, we can't "blame others" now can we?...especially those "others" who have been well manipulated, or conned, or "tricked" into behaving **really** badly, or acting out like "ass-holes" as a part of a group.

People can't resolve this group insanity because the group members don't **want** to resolve it and **not** because there is no resolution **possible**. So to use the estian jargon, open yourselves up to *a whole new possibility, get It, and get over It*.

There may be no "reason" to try to dominate someone, BUT, the reason FOR IT is the **power** obtained from domination **Itself**, and the feelings of "superiority" one gets from doing It.

You see, all you followers who don't question "authority," the domination freaks see everyone **else** as a **means** to an end, and not as "real," or as valuable, as they perceive **themselves** To **BE**. Domination isn't a means TO an end with them, though. Domination **IS** the end "game" to them. That is the **goal** right from the start; the premise upon which all **further** actions are based.

Being in the NOW

It's about handing the **responsibility** for **IT**, right **BACK** to "the Source" from which It came, and where It **belongs**. Of course as the "Source" has said, so it is told, that he has no problem with that and is **willing** to accept total **responsibility** for any of the evil that est may have produced. For in his "reality" he no longer needs to follow any rules. He can just "make up the rules" as he goes along, as to **him**, life is **meaningless** and also meaningless that it is meaningless. Anyway...**time will tell**.

Time **IS** telling isn't it? So long, Trickster. See you in the next dimension of **BEING**...OR, perhaps **NOT**. It may just turn out that you've **HAD** your payoff already and that you Got It, all by yourself.

Now...you won't **take** that the wrong way, will you?

I **hope** not, and I **MEAN** that, sincerely.

Now let me place my **estian style disclaimer here**:

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Premise **and** goal are now resting on the same **point**. Loop closed. System closed.

Whether you regard that as a circle of protection OR as a snare-like trap **also** depends upon your perspective on It.