

## **Congratulations to our 2013 Diagnostic Champion!**

After 5 weeks of fierce competition, the Fall 2013 Psychiatric Times' Diagnostic Champion has been decided! Congratulations to Ken McIntyre, DO, for rising to the top in the Physician Championship Round.

Thanks to everyone who participated! While the competition has ended, you can still hone your skills and see where you stack up against the champions by playing the game again.

### [The Game](#)

And, be sure to flex your diagnostic muscles in our next game, now in progress on our sister site ConsultantLive.

### [Labeling-RX Muscles](#)

WOW! I wonder who won the speed diagnosing contest among the oncologists?! (Did they also put up a website asking for **suggestions** from everyone for new kinds of cancers to be included in their next textbook? Who won in THAT suggestion category I wonder....)

You might say that this group seems like the expert Cyberdocs or perhaps the Cybermen playing a diagnostic Cybergame huh? Hmmm....now why does this sound somehow familiar? Any ideas on that? But at least we finally know the name of the Dr. WHO,... has won the contest for speed diagnosing and that seems pretty important to me. Write his name down and then RUN! Run for sanity. Run for your lives!

Messages off the Internet- Just for psychiatrists

In Dr. Who, what do the Cybermen do? Why...they remove the brains from your bodies, throw away all the parts of you that make you human and train you to respond like automatons, preferably without emotion. All good Cybermen follow their leader as if they were all of the same mind and all say the same things. They all seem programmed by their previous leaders and seem to believe that their programmed responses represent all that is right and normal and that anyone or anything that deviates from the program is in need of repair.

I want everyone who reads this to think very carefully about this contest among experts with nearly unlimited power, based on beliefs in "normal" as defined by them, and all that it implies. I want you to think about what it really means and I am offering you some suggestions here on what to think about.

For one thing it is a form of validation and praise given to those who are labelling human beings as disease processes by means of abstract ideas, apart from concrete evidence and who are doing so at TOP SPEED which is being defined as a really good thing. It is also something else that few seem to notice:

No actual people, being defined as psychiatric patients, those walking, talking disease processes, who are not as REAL as those doing the defining, have any presence at ALL in the diagnosing. There is no doctor/patient RELATIONSHIP at

ALL and none seen as really necessary. The patient is seen as having no legitimate role in his, or her, own experience of life as it is all an abstraction to the champions of speed labelling. The actual person being "diagnosed" is all but irrelevant to the Dr. WHO entered the contest.

This is an experience of psychiatry that many have already had, or come very close to having, and which more will have now, and in the future. Out here in the world of reality, life is not really a game, though it seems to be one to some of the experts who are winning the power and control contest into which they have entered for a nice prize.

(I heard from online contacts, close to the madness biz. that the prize was an all expenses paid vacation to an exotic locale which may or may not be true as I have no concrete evidence to offer at this point.)

There is a point to be made here which we must all see clearly:

We can never claim we have been harmed by others, and all the more so when the "others" whom we claim have harmed us, have diagnosed us for our "symptom" of "blaming others", which is defined by them as proof that we are defective human beings, just as they have labelled us, and for which we can now be seen through that filter by everyone else. This of course then proves that those "others" we have tried to blame for something are really long suffering altruistic victims in their own right, being falsely accused by the delusional ones they are only trying to "help." (Sigh)

Often, even friends, who are no longer friends, and family members who knew us before the speed diagnosis, accept the labels without question. For an expert has defined our reality FOR us, and for them too, and authorities cannot be questioned or challenged; can they?

### **Messages off the T.V.**

*They "mess" you up, your mom and dad*

*They may not mean to but they do.*

*They fill you with the faults they had*

*And add some extra, just for you.*

**Philip Larken**

**as quoted by Aaron Hotchner  
on Criminal Minds**

...and with SOME of them, if you perceive that too clearly, question it, reject the ideas behind it, or attempt to confront authority with it, rather than smiling and going along with it, you may find yourselves being one of those who gets diagnosed into a nice compliant silence for it. For you see folks labeling someone as inherently defective for "blaming others" and calling them "paranoid and delusional" for it, is STIGMATIZING. Focusing on those who have been stigmatized by suggesting that the real problem is in THEM is not going to make it go away.

If you really want to get rid of the stigma, then STOP stigmatizing human beings by labelling them as inherently defective so that they are treated that way by

those who then righteously thank God that THEY aren't defective like "them."  
This is most often right out of the Splitter mentality that CAUSED the individual's problem in the first place and the further reinforcement of which is likely to keep it going indefinitely.